

# [PDF] A Practical Guide To Joint & Soft Tissue Injections

James W. McNabb MD - pdf download free book

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**Books Details:**

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**Description:**

Get step-by-step, evidence-based guidance on the injections most beneficial to your patients - and your primary care practice! *A Practical Guide to Joint & Soft Tissue Injection*, 3rd Edition, helps you master the techniques that can provide optimal pain relief, save health care dollars, increase patient satisfaction, and enhance the doctor/patient relationship. This easy-to-understand, fully-illustrated

text offers practical, evidence-based information on a wide variety of injection and aspiration techniques for common skin and musculoskeletal conditions. The interactive eBook that accompanies the print book includes dozens of videos to help you perfect your technique.

Features:

- Hundreds of full-color illustrations help you identify landmarks and determine exactly how to proceed.
- An all-new chapter on injected anesthesia, including nerve blocks, brings you up to date in this key area.
- New coverage of inflammatory dermatoses, carpal tunnel syndrome, myofascial trigger points, and different approaches to the knee joint help you provide pain relief and improved function to a wide variety of patients.
- Comprehensive coverage includes a diverse group of musculoskeletal disorders, chalazions, keloids, warts, and occipital neuralgia, as well as the use of corticosteroids, viscosupplementation, and dry needling.
- Solid guidance in foundational principles covers anatomy and landmarks, when to refer, indications and contraindications, special medical conditions, equipment, complications, coding and billing, and much more.
- Helpful appendices provide consent forms, aftercare handouts, and information on documentation.

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