

[PDF] Cooking Light Real Family Food: Simple & Easy Recipes Your Whole Family Will Love

Editors Of Cooking Light Magazine, Amanda Haas - pdf download free book



Books Details:

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Description:

Review "I believe family meals are one of the most important traditions you can pass along to your

children. As a chef, and devoted father, I applaud Amanda's insight and dedication to her passion - One Family One Meal. Her thoughtful inclusion of the entire family in not only the meal itself, but preparation of the meal is so valuable and truly brings the joys of family, cooking and eating full circle." (**Michael Mina, Chef, Restaurateur and Author of MICHAEL MINA: The Cookbook, father of 2** 2012-01-00)

"Amanda's passion for feeding children well is unparalleled. She believes that giving kids real food - and making food a centerpiece of family life - is an enriching experience for kids and parents alike. *One Family One Meal* is timely, and the tools Amanda masterfully provides are both handy and creative." (**Kirsten Tobey, Founder and Chief Innovation Officer, Revolution Foods, mother of 2** 2012-01-00)

"The greatest joy of cooking is gathering around the table and sharing a home-cooked meal with your family and loved ones. I love Amanda's motto of One Family One Meal, because as a chef and parent myself, that's what I believe in, and Amanda has definitely mastered mealtime with modern food for the modern family in this cookbook! Her recipes are simple and delicious, without sacrificing flavor or fun, and most importantly, they're healthy and nutritious for the whole family." (**Todd English, James Beard Award-Winning Chef, Restaurateur and Author of Cooking in Everyday English, father of 3** 2012-01-00)

About the Author Amanda Haas is a cookbook writer, recipe developer, and founder of the website *One Family One Meal*. She has written and developed recipes for over a dozen cookbooks, including the IACP Cookbook of the Year [A16 Food + Wine](#) and [Williams-Sonoma's Essentials of Roasting, Revised Edition](#). She has worked with some of the most well respected chefs in the country, including Marion Cunningham, Todd English, and Matthew Accarrino. She has also appeared in over 50 cooking videos for Williams-Sonoma.com and acted as the culinary producer on the James Beard Award-winning show *Bay Café with Joey Altman*.

At 25 years, *Cooking Light* is the nation's leading epicurean brand with the largest audience, most epicurean editorial and the most recipes. *Cooking Light* is the *only* epicurean brand positioned at the intersection of great-tasting food and healthfulness, serving an important and growing consumer need. The brand delivers innovative recipes, nutrition advice, and resources to live a healthful lifestyle via its magazine, website, and portfolio of cookbooks; across all tablets; through the highly-acclaimed *Cooking Light Quick and Healthy Menu Maker* app; and on social media platforms including, Facebook (Facebook.com/CookingLight), Twitter (@Cooking_Light) and Pinterest (Pinterest.com/CookingLight). *Cooking Light* is published by the Time Inc. Lifestyle Group, a division of Time Inc., the largest magazine media company in the U.S.

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