

[PDF] FOCUS

Ingrid Ricks - pdf download free book



Books Details:

Title: FOCUS
Author: Ingrid Ricks
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Pages: 100
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Description:

Review "FOCUS could have been a bleak account of one woman's descent into darkness. Instead, it radiates light and hope. I'd recommend this book for so many reasons. It's about being sick, it's about being human, it's about being strong, it's about loving and being loved. It's about looking at the world and seeing it for what it is. It's about finding what's within you, even when you didn't think you'd see much of anything at all." - Alysia Salzman, Editor - *Beguile*

"From beginning to end, Ingrid holds your attention and your heart, with her words, her journey, her life lessons learned. This is so well written, with real life experiences woven in to teach the reader something too. It made me realize how much I have to be thankful for. It's not simply reading

the story of someone else. It's inspiring. I loved this book." - *Marlene Dunham, reader*

"An honest and inspiring reminder to live your dreams everyday, and cherish your family every precious moment you breathe. Inspired me, and helped me remember to focus on what's important."
- *Libby Hyland, reader*

"Some stories are too important to ignore. This is one of them."- *Cally Phillips, IndieBookReview*

"Ingrid Ricks delivers a powerful and bitingly real story...which will open your eyes to the reality of blindness." - *Paul Harrison, ARoleModel.com*

From the Author More than anything else, my journey with my blinding eye disease has taught me how important it is to live in the moment. I've discovered that nearly all of us are dealing with something really difficult in our lives. For some of us, it's a degenerative disease. For others, it's a life-threatening illness. For still others, it's a death of a loved one. What I've realized is that none of us are immune to disease or death, that life can change in an instant, and that all we have for certain is now. So we better make Now count.

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