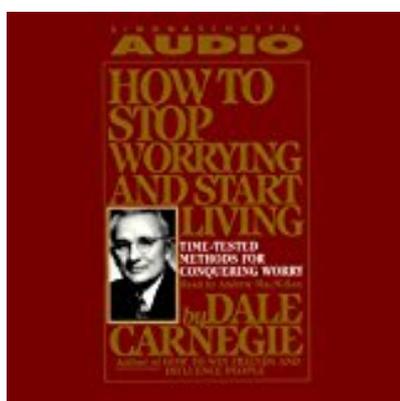


[PDF] How To Stop Worrying And Start Living: Time-Tested Methods For Conquering Worry

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Pages:
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Through Dale Carnegie's seven-million-copy best seller (recently revised) millions of people have been helped to overcome the worry habit. Dale Carnegie offers a set of practical formulas you can put to work today, formulas that will last a lifetime! Discover how to:

1. Eliminate 50 percent of business worries immediately
2. Reduce financial worries
3. Turn criticism to your advantage
4. Avoid fatigue and keep looking young
5. Add one hour a day to your waking life
6. Find yourself and be yourself - remember, there is no one on earth like you!

How to Stop Worrying and Start Living deals with fundamental emotions and ideas. It is fascinating to listen to and easy to apply. Let it change and improve you. There's no need to live with worry and anxiety that keep you from enjoying a full, active, and happy life!

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