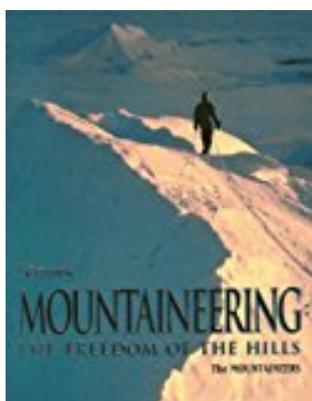


[PDF] Mountaineering: The Freedom Of The Hills

Don Graydon - pdf download free book



Books Details:

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Author: Don Graydon
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Description:

This updated edition of the mountaineering classic is an essential reference for novices and experts alike. Chapters are devoted to in-depth discussions of outdoors fundamentals; climbing techniques for rock, snow, and ice; safety procedures and emergency response; geology and weather; and appendices for climb ratings and supplementary reading, among other topics. Detailed sections on navigation, ropes, knots, and protection include drawings, diagrams, and maps. Enjoy the freedom of the hills to the fullest with this thorough guide. --This text refers to an out of print or unavailable

edition of this title.

From Publishers Weekly This hefty tome, first published in 1960, was the book that started The Mountaineers Books. Known as "the climber's bible," it covers virtually all aspects of climbing, from choosing equipment and tying knots to basic rappelling techniques and expedition planning. There are sections on rock climbing, alpine climbing, emergency prevention and response and snow cycles, along with appendices on wind chill temperatures and suggestions for further reading. This seventh edition, written by a team of more than 40 expert climbers, reflects changes in equipment and technique, with new chapters on waterfall ice climbing and mixed climbing, physical conditioning, and land stewardship issues. It's also enhanced with 415 new illustrations depicting the "chimney technique" and the "twin-rope technique," among other maneuvers, and a new "ten essentials" list. Although the prose is workmanlike at best ("understanding fall factor and how it determines impact forces is fundamental to safe leading"), this work remains a must-have for climbing enthusiasts. Copyright 2003 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

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