

[PDF] Stealing Fire: How Silicon Valley, The Navy SEALs, And Maverick Scientists Are Revolutionizing The Way We Live And Work

Steven Kotler, Jamie Wheal - pdf download free book

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ADVANCE PRAISE FOR STEALING FIRE

"An electrifying, fast-paced journey into the deep potential of the human brain."
—DAVID EAGLEMAN, Stanford University neuroscientist,
New York Times bestselling author, presenter of PBS's *The Brain*

"Stealing Fire is a beautifully written must-read for anyone interested in living up to their full potential. Kotler and Wheal have produced a user manual for hacking your brain to drive high performance."
—PETER DIAMANDIS, founder of the XPRIZE, co-chairman
of Singularity University, New York Times bestselling author

"Meticulously researched and innovatively conceptualized, *Stealing Fire* is not just a bible for the second psychobio-revolution (beyond psychedelics), but a manual to getting more out of your body, your mind, and your life."
—NEIL STRAUSS, New York Times bestselling author of *The Game and The Truth*

"The North Star we've been waiting for—finally, a distillation of the upper reaches of the human experience distilled! I am so excited for this book to reach the world!"
—JASON SILVA, writer, founder, host of National Geographic's *Brain Games*

"Stealing Fire cracks the secret code of peak performance so that ordinary people can achieve extraordinary results."
—CHRIS MARK DIVINE (AKA: Sir Chris), New York Times bestselling author, founder of SEALFIT and Unbeatable Mind



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Description:

It's the biggest revolution you've never heard of, and it's hiding in plain sight. Over the past decade,

Silicon Valley executives like Eric Schmidt and Elon Musk, Special Operators like the Navy SEALs and the Green Berets, and maverick scientists like Sasha Shulgin and Amy Cuddy have turned everything we thought we knew about high performance upside down. Instead of grit, better habits, or 10,000 hours, these trailblazers have found a surprising short cut. They're harnessing rare and controversial states of consciousness to solve critical challenges and outperform the competition.

New York Times bestselling author Steven Kotler and high performance expert Jamie Wheal spent four years investigating the leading edges of this revolution—from the home of SEAL Team Six to the Googleplex, the Burning Man festival, Richard Branson's Necker Island, Red Bull's training center, Nike's innovation team, and the United Nations' Headquarters. And what they learned was stunning: In their own ways, with differing languages, techniques, and applications, every one of these groups has been quietly seeking the same thing: the boost in information and inspiration that altered states provide.

Today, this revolution is spreading to the mainstream, fueling a *trillion* dollar underground economy and forcing us to rethink how we can all lead richer, more productive, more satisfying lives. Driven by four accelerating forces—psychology, neurobiology, technology and pharmacology—we are gaining access to and insights about some of the most contested and misunderstood terrain in history. *Stealing Fire* is a provocative examination of what's actually possible; a guidebook for anyone who wants to radically upgrade their life.

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