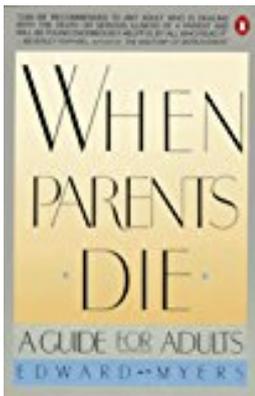


[PDF] When Parents Die: A Guide For Adults

Edward Myers - pdf download free book



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Title: When Parents Die: A Guide for
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Description:

A practical guide for coping with the loss of a parent, this book was written by a journalist who has lost both. Edward Myers makes it clear that no matter how old we are, the death of a parent can be devastating, evoking intense and complex feelings that have long-lasting implications. Comprised of advice from therapists, practices for self-help groups and first-person accounts, Myers covers the grieving process and differentiates between the impact of sudden death and slow decline. He also offers advice for funeral planning, dividing personal property and resolving feelings such as guilt, shame and isolation.

From Library Journal "One of the situations you face in grieving for a parent is the likelihood that some people will treat it as a non-event"; well-meaning friends will commonly "ask 'how's your mother taking it?' but nothing about how you feel" writes Myers, a free-lance journalist who has experienced the death of both parents as an adult. Relying primarily on interviews and questionnaires, the author covers the grieving process, the difference in impact of sudden death versus slow decline, and some of the practical and emotional issues involved in planning the funeral, dividing personal property, and resolving residual feelings. Although not comprehensive, this book is recommended as a resource for further reading and/or for guidance from social service agencies and as a validation of grief upon losing one's parents at any age. Suzanne Druehl, Little Rock P.L., Ark . Copyright 1986 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

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