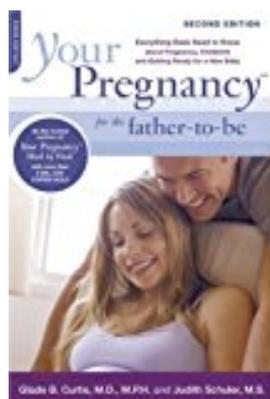


# [PDF] Your Pregnancy For The Father-to-Be: Everything Dads Need To Know About Pregnancy, Childbirth And Getting Ready For A New Baby (Your Pregnancy Series)

Glade B. Curtis, Judith Schuler - pdf download free book

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#### Books Details:

Title: Your Pregnancy for the Father  
Author: Glade B. Curtis, Judith Schu  
Released: 2009-01-05  
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## **Description:**

**From Publishers Weekly** This extremely helpful compendium for "expectant dads"-from the first signs of pregnancy to the weeks after delivery-once again displays why the books in the Your Pregnancy series have become standards in the pregnancy category (Your Pregnancy Questions Answered, Your Pregnancy Week by Week). Like other books for fathers-to-be, this book covers some of the more obvious tips that men still seem to need, such as "Be a part of the pregnancy, right from the beginning," or "Be a good listener." If this is the only book that a man reads about having a newborn, he will have all the right bases covered, from healthy nutrition plans (for baby and dad), common discomforts in a woman's pregnancy, coping with labor pains and effective techniques for bonding with your new baby at home. Where this book really shines, however, is in its presentation of information that isn't always seen as being part of an expectant father's studies, including useful lists of definitions of things such as Braxton-Hicks contractions and Apgar tests, as well as an in-depth look at prenatal tests. Along the way, the authors feature entertaining but informative sidebars on various pregnancy tests ("My Mother-in-Law Said") and memorable moments from Curtis's experiences in the delivery room.

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### **Review InfoDad.com, 1/29/09**

"Careful, straightforward, and nearly encyclopedic in covering just about every imaginable baby-related topic...Will be helpful to any first-time father and many who already have children...This is a book that fathers-to-be can read as narrative or in little bits...The layout makes the authors' points easy to read and absorb...Curtis and Schuler are excellent, no-nonsense guides to one of the greatest of all life-changing events."

### **Blogcritics.org, 2/6/09**

"Young fathers-to-be out there, older fathers-to-be out there, I would highly recommend you read *Your Pregnancy for the Father-to-Be*. This book is filled with advice but is not encyclopedic to read. You can follow its suggestions in a realistic way. It not only teaches about pregnancy and the huge changes going on in your partner, it also explains the emotional and sometimes physical changes you will experience."

### **Deseret News, 2/16/09**

"When he speaks, it's easy to see why Dr. Glade B. Curtis has become a best-selling author of pregnancy books. He's warm and articulate and doesn't appear easily rattled. Ask a question and the Utah-based doctor responds with ease. The same is true for his books, including the recently updated *Your Pregnancy for the Father-to-Be*. It...seems to reach the right balance between being informative and not delving too much into the scary complications that can arise with pregnancy...Each chapter also includes a lot of at-a-glance information that is easy to digest."

### **Mid-Ohio Valley Parent, 5/09**

"Gives dads essential information on what his partner is going through...This book walks dads through every aspect and gives helpful advice at each turn. This is a welcome addition to the 'Your Pregnancy' library."

### **Oxygen, 6/09**

"Will brief him on everything from what you are going through to financial tips and common pregnancy terms. It's instant support for you both."

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