

[PDF] See Jane Win: The Rimm Report On How 1,000 Girls Became Successful Women

Sylvia Rimm - pdf download free book

Books Details:

Title: See Jane Win: The Rimm Report

Author: Sylvia Rimm

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Description:

See Jane Win is a parents' guide for turning girls into happy, successful women. Child psychologist Sylvia Rimm, along with her daughters--a research psychologist and a pediatric-oncology researcher--spent three and a half years collecting data and conducting interviews to devise the 20 basic points detailed in this book. Their conclusions were based in large part on a detailed questionnaire completed by over 1,400 women with successful careers in a variety of fields, including science and technology, media, the arts, medicine, law, and education. (Homemaking and volunteer work do receive some token attention, but there is a clear professional bias in their definition of success.) Their goal is to "identify the essential childhood elements that encouraged these women to achieve fulfilling careers" in order to alert other parents to them. In this, they achieve their aim. *See Jane*

Win is well organized and informative. Even if some of the advice leans toward common sense, the combination of professional opinion and personal experience is an effective one, animating statistics that could otherwise be as dry as chalk dust.

In the Rimm's findings, education emerges as the key common denominator. High academic expectations, good study habits, strong math and science skills, and a love of reading (no television!) are all stressed. They also encourage parents to resist the urge to overprotect girls, and recommend fostering a healthy love of competition in order to build self-confidence. Indeed, self-esteem is a major underlying theme of the book. The authors discuss in detail how to combat eating disorders, social insecurities, and the negative image of women often portrayed in the media.

Overall, this is a useful compendium of sound advice and enlightening case studies that ultimately serves to underscore one vital point: Parents *do* make a difference. Sugar and spice are certainly nice, but *See Jane Win* offers a more substantial recipe for the raising of daughters. --*Shawn Carkonen*

From Publishers Weekly To help parents raise daughters who become happy and successful women, Rimm, a child psychologist and author (Dr. Sylvia Rimm's *Smart Parenting*, etc.), went directly to the source: women who define themselves as successful, both personally and professionally. She and her two coauthor daughters surveyed more than 1000 women to determine the factors that made the difference. Businesswomen, doctors and nurses, scientists, artists, teachers and homemakers participated in the three-year study. Presented in chapters on school issues, peer and family relationships, recreational activities and other formative experiences, some of the findings support the common wisdom: for example, many successful women began talking and reading early. Others challenge accepted ideas, such as that all-female schools succeed better at fostering an interest in science, and that women who perceive themselves as "good girls" don't achieve as much. Each chapter also includes somewhat dry case studies and useful prescriptions for applying the book's insights to today's girls. Although the portrayals of those in medicine and the sciences tend to be a little more flattering than those of women in other fields (perhaps because all three authors are doctors), this study nonetheless offers parents, teachers, researchers and women a valuable framework for linking childhood experiences to achievement. 8-city author tour. (June) Copyright 1999 Reed Business Information, Inc.

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